



Hawaii Bio-Aquatic Healing & Renewal Retreat

“The Dance Of Life!”

With Cass Phelps - October 9-14 2011

There is a Movement within You... This movement is the Spirit of your True Self... it is the Source Of Life... If you allow it you live an effortless Inspired Life of Joy... In your heart you know the Life you want... You know the experience you choose... This Movement of LIFE within you is the Guide... Choose the Life you want and Allow this Love to Move you, breath You, ground You, Dance you, Love You: Live You. You are the Dance Of Life.

Here's an opportunity to really immerse yourself deeply... Come and spend a week experiencing the Origins of Movement!

Experience deep internal nourishing~healing breath~sound-movement mediation sessions...Also unravel~align~hydrate and renew through sensuous Bio-Aquatic™ Movement in a chem-free watsu pool... mix this with some on land WAVE MOTION a gentle yet powerful way to balance the mind-body system while develop-

ing fluid dynamic vital core strength... throw in some free form all-out DANCE fun... lush tropical Hawaii... some beach... some sun... some rain forest...and plenty of personal private time to assimilate and integrate **Living Your Path of Love~~~**

Held at Kalani Oceanside Retreat Center situated on 113 acres of exotic botanical rainforest on the Big Island of Hawaii. Home to Pele, the fire Goddess, she who births sacred land, is one of the newest and most ecologically diverse and active areas on the planet, providing a stimulating environment to accelerate one's personal growth, healing and self-renewal.

Full Retreat Registration: \$1150

Kama'aina (workshop without accommodations) \$600 Kalani staff \$500

\$300 deposit confirms your space. Deposit is non-refundable.

Includes the retreat experience, double occupancy lodging, & 3 gourmet organic meals with seafood and chicken options served daily on an open-air lanai.

To register go to www.awake-one.com or call Omkar at Kalani: (800) 800-6886 toll-free.



Cass Phelps taught Continuum Movement for more than 7 years. He mentored closely and collaborated with Continuum Movement's founder Emilie Conrad. Since 2004 he has offered his own specialized movement meditation healing work while honoring the work of Continuum Movement, Structural Integration and a Course in Miracles as major influences. Cass offers workshops globally and holds a private practice in Los Angeles working with clients with complex neurological disorders. He's a Reiki master, Sound Healing therapist, and musician of 13 years. His unique approach to sound breath and movement unifies the creative and healing arts as ONE.

Cass is the creator of BioTune, Sound Frequency Healing™ CD's. For more info go to: <https://www.biotune.net>